

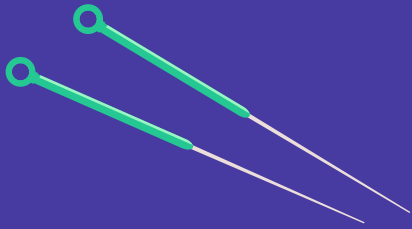
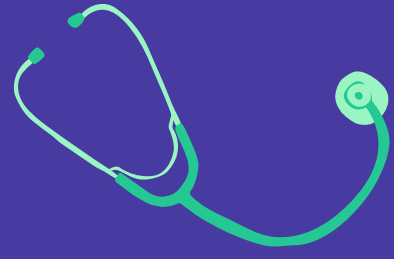
Women in Holistic Health

Throughout the ages, women have played a huge role in holistic health. With a history rich in growing herbs for healing, midwifery, energy healing, nursing, and more.



Egyptian Priestesses of Isis in the second century were regarded as healers who took their healing powers from the goddess Isis.

In the fourth century, Roman woman Fabiola was a famous healer. She's known for her part in creating the first public hospital in Europe.



Chinese woman Bao Gu is credited with being the first to use dried mugwort as an acupuncture needle and was known as a skilled acupuncturist.

A Greek woman named Agnodice broke the rules that prohibited women from entering the healing field in ancient Greece, resulting in an update of Greece's laws.



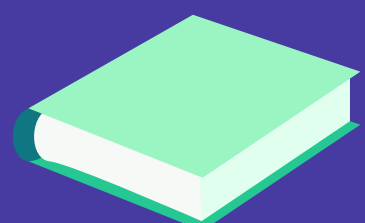
Hildegard of Bingen was a German abbess and is often called the founder of scientific natural history in Germany.

In Italy during the Medieval Ages, Trota de Salerno was a famous female physician. Her treatments were gathered and used for hundreds of years.



The Countess of Kent popularized a medical remedy powder, "*The Countess of Kent's Powder*."

Hannah Woolley was one of the first women to make a living writing self-help books for women in the 17th century.



Louise Bourgeois was a midwife to the queen of France in the early 17th century. She wrote a guide sharing what she learned while helping many women through difficult births.

Modern Women in Holistic Health

In more recent times, women continue to further the study and use of natural health. Many women can be credited with developments in the holistic and energy healing fields. Just a few examples among many include:



Florence Kendall was part of a two person team that created a new model of muscle testing, publishing a book on this holistic health tool called *Muscles: Testing and Function*.



Two women, professor of nursing Dolores Krieger, and natural healer Dora Kunz, developed a new type of natural healing called Therapeutic Touch in the early 1970s.



Reiki was initially created in Japan, but was popularized in the West by a woman named Hawayo Takata.



Women make up a majority (86.2%) of those practicing holistic health in the world today.

At Discover Healing, many incredible women have started or furthered their journeys as healers, with certifications in energy healing methods The Emotion Code® and The Body Code™!

[Learn More About Certification](#)



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